



### **Trish Welch, Operations Director**

Trish Welch is a graduate of Oregon State University where she earned a Bachelor of Science Degree in Exercise and Sport Science. She worked in the fitness world for nearly 10 years as a Group Fitness Instructor, Exercise Specialist and Fitness Director.

Looking to further express her passion for serving people, Trish made a career change to the non-profit sector by becoming the Executive Director of The Arc Jackson County, For People with Intellectual and Developmental Disabilities. During her 20 years at The Arc, Trish led the development of new programs and services unique to the area as well as other parts of Oregon and the United States. One of her signature community events was the creation of *Live to Dance with The Arc Stars* – an evening showcasing the talents and abilities of people who experience disabilities, while educating the local community that people who experience disabilities are no different from you and her.

Trish currently serves as a member of the Rogue Valley After Five Rotary Club. In her free time, she enjoys a variety of indoor and outdoor activities such as traveling, fishing, camping, golfing, water sports, and spending quality time with her rescue dog Floyd and close friends. Trish, along with her husband Jim, have three children – the oldest two are now attending her alma mater.

